

Health & Safety Protocols

AMB is committed to creating a safe and healthy training environment for our students, staff and families. The protocols below are created with the advice of medical professionals and other ballet schools across our nation and may change based on a number of factors. The positivity rate must drop to 5% or less in our area for AMB School to consider in-person classes. Virtual class models may be utilized when deemed necessary. Please refer to the revision date listed at the foot of this document. Failure to comply with safety protocols may be grounds for dismissal from the program.

Any public location where people are present provides an inherent risk of exposure to COVID-19, and we cannot guarantee that you will not be exposed during your visit.

FORM WITH SCREENING QUESTIONS:

This form must be filled out each day prior to attending any AMB activities.

Follow the instructions on the form to either proceed to the building or stay home. Contact school@amballet.org if instructed to stay home.

Expected Building Arrival Time	Screening Questions Due
Daytime hours (9:00 am - 4:00 pm)	8:00 am (same day)
Late afternoon or evening	3:00 pm (same day)

FACE COVERINGS:

Everyone must **wear a mask covering nose and mouth at all times** within the building, even when dancing. Neck gaiters and vented masks are not acceptable forms of masks. Do not touch the front of your mask. Several options for dance are available such as **Bloch B-Safe** and **Underarmour**. Following Centers for Disease Control [CDC] guidelines, **we recommend double-masking** (disposable medical mask with a cloth mask over it).

Students must **bring multiple masks** to change throughout the day as moisture from breathing and perspiring affects the effectiveness of the mask. Clean extra masks should be kept in a separate bag in their dance bag to minimize contamination.

Note: Dancing with a mask will take time to adjust to. If a student feels out of breath, we will ask the student to sit in their designated barre space and take a break.

ARRIVAL:

Students should arrive for class **no more than 10 minutes before class start time**. Class times are staggered to limit cross-over between classes.

Students **go directly to their assigned waiting seats:**

- ▶ Studio 1 - Area 1 (2nd floor, between studio 1 and public restrooms)
- ▶ Studio 2 - Area 2 (2nd floor, lobby next to main stairwell and ballet front desk)
- ▶ Studio 3 - Area 3 (3rd floor cubby area next to public restrooms)

AMB staff will take temperatures and make sure all students have submitted their daily form. Access to the studio will be granted based on results of the daily form and temperatures.

Drop-Off/Pick-Up Protocols:

Student Ages	Drop-Off/ Pick-Up Protocols:
Students 11 and under	Parents/guardians may drop off and pick up their child. Parents/guardians dropping off must wear a mask, maintain at least 6 feet of social distance, stay to the right, and exit the building through the main door after their child is in their waiting seat.
Students 12 and over	Parents/guardians should wait in the car until their child has been admitted into the building. Parents/guardians may choose to walk their child to the door. Once parents/guardians see their child enter, they must wait a few minutes before driving away. Students may text parents/guardians once they are checked in. Parents/guardians who are waiting outside to drop off or pick up students must wear a mask.

SOCIAL DISTANCING:

There will be **no physical corrections given in class and no physical contact** between students.

Physical Distance Requirements Between Individuals	
Studios	12 feet
All Other Areas (waiting areas, hallways, etc.)	6 feet

LIMITED CLASS SIZES:

Enrollment will be limited based on the maximum number of students that can safely occupy the assigned studio. Some classes will have 2 sections of students with one section virtual and another section in the studio.

All students will be given a **minimum space of 12 ft x 12 ft in their assigned studio.**

DESIGNATED STUDENT SPACES:

Students should **arrive in their dance clothes under street clothes, with masks on, making sure not to wear dance shoes outside.** Limit items to the necessities (pre-filled water bottles, hand sanitizer, pointe shoes, etc.).

Students will go to their **assigned waiting seat** outside of the studio to put on dance shoes and gather all items. Front desk and AMB staff will assist with assignments.

Once the teacher invites students into the studio, students must **use hand sanitizer and bring all belongings to their assigned dance space** (including coats and street shoes).

Dressing rooms and lockers will not be accessible.

Restrooms are reserved for emergencies only. To use the restroom in an emergency, the student must wait for the teacher to open the classroom door, use hand sanitizer, proceed to use the student restroom, wash their hands well, and wait for the teacher to open the studio door to return to class.

Studios are clearly marked in tape to delineate individual **dance spaces** (for barre and center work). Teachers will direct students to their assigned dance space at the beginning of each class.

PERSONAL PROTECTION:

Students must bring their own:

- ▶ Hand sanitizer with at least 60% alcohol
- ▶ Face masks (double-masking strongly recommended)
- ▶ Pre-filled water bottles (water fountains will be closed)

ADDITIONAL CLEANING/SANITATION:

Faculty and staff will **clean/disinfect studio spaces between classes** as well as numbered seats.

Supplementary supplies such as hand sanitizer, disinfecting wipes, and masks are available.

Air purifiers have been installed in all studios.

BUILDING PATHWAYS:

Follow signs for correct pathways to studios.

Stay to the right hand side for entrance and exit, avoid using handrails if possible, and **maintain a social distance of at least 6 feet.**

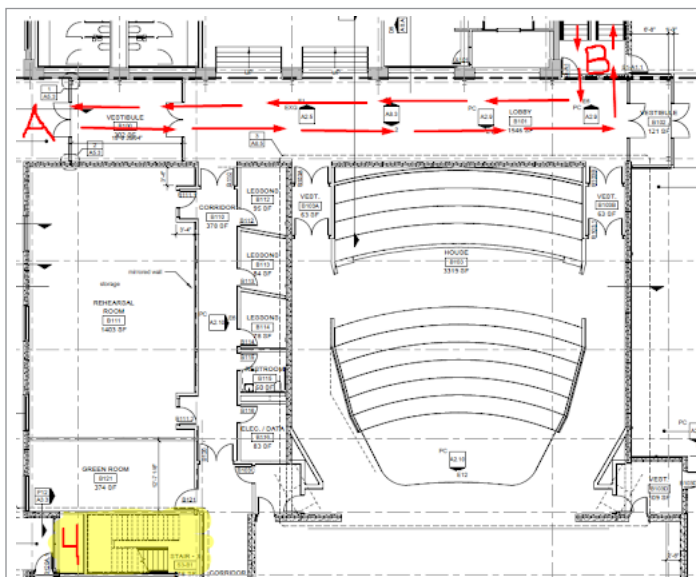
EXITING:

At the end of class, students should gather belongings and **wait for the teacher to open the door before proceeding to their pick-up spot.** Observe physical distancing of 6 ft on your way out of the building and while waiting to be picked up.

Students **must be picked up at the designated pick-up location within the 10 minutes following their class** to avoid cross-over of students.

Studio	Exit Path	Pick-Up Spot
Students age 11 and under:		
1, 2, 3	Escorted by teacher to Area 2 near front desk	Students wait in assigned exit seats in Area 2 on the 2nd floor. Parents/guardians will pick up from this location and exit through the main doors via the main stairwell.
Students age 12 and over:		
1, 2	2nd floor studio to Area 4	Students wait in assigned spaces in Area 4. Studio 2 students will have an assigned exit space on the stairwell and studio 1 students will have an assigned exit seat in the stairwell landing on the 1st floor. The door is exit-only and the student will be allowed to leave when the person picking them up has arrived. Students should see their pick-up car through the window or have received a pick-up text or call before exiting.
3	3rd floor to Area 2 near the front desk, then to main door via main stairwell	Parents/guardians call the front desk to let AMB staff know they are outside and waiting for pick-up, or students show AMB front desk staff member their pick-up message. Students then exit through the main doors via the main stairwell.

Map of Arrival and Exit Locations

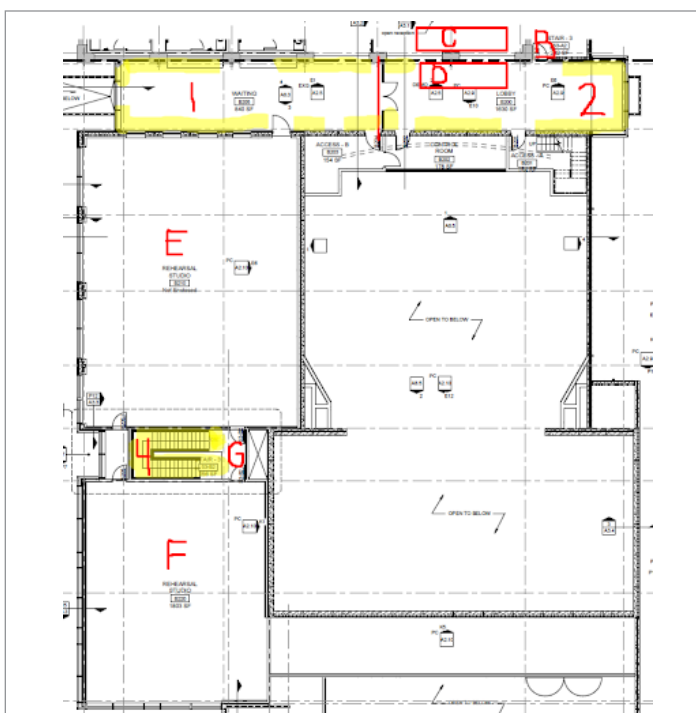


1st Floor

A: Main Entry (all students enter here; students 11 and under and their parents/guardians exit here)

B: Main Stairwell (all students use for travel to waiting seats for temperature checks)

Area 4: studio 2 - exit stairs (assigned), studio 1 - exit seats (1st floor, assigned)



2nd Floor

B: Main Stairwell

C: Front Desk

D: Front Desk waiting area
(stand on x)

E: Studio 1

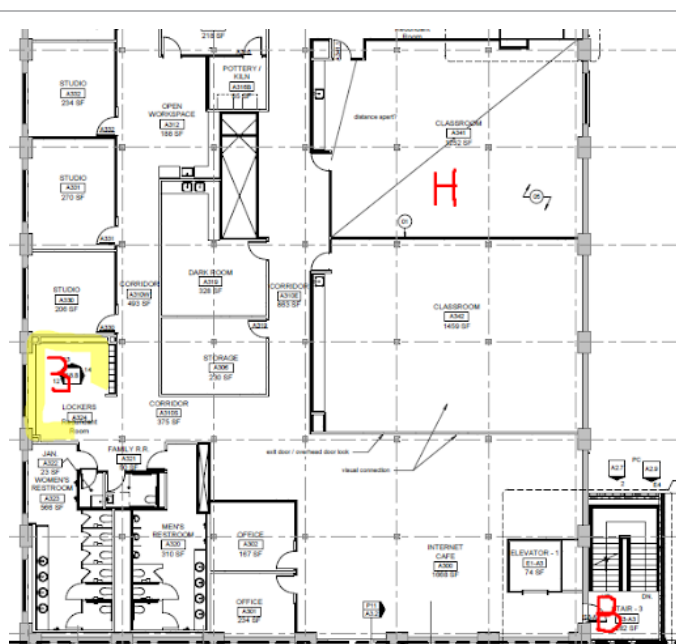
F: Studio 2

G: Studio Stairwell –
students in studio 1 & 2 use
to arrive at Area 4 to exit

Area 1: studio 1 waiting
seats (assigned)

Area 2: studio 2 waiting
seats (assigned)/ studio 3
exit seats (assigned)

Area 4: studio 2 - exit stairs
(assigned), studio 1 - exit
seats (1st floor, assigned)



3rd Floor

B: Main Stairwell – used by studio 3 students when traveling
to waiting seats at arrival and exit seats after class, used by
parents/guardians of students 11 and under during drop-off

H: Studio 3

Area 3: studio 3 waiting seats (assigned)

Area Photos

Positions shown are only guides. Follow the actual marks in your area.



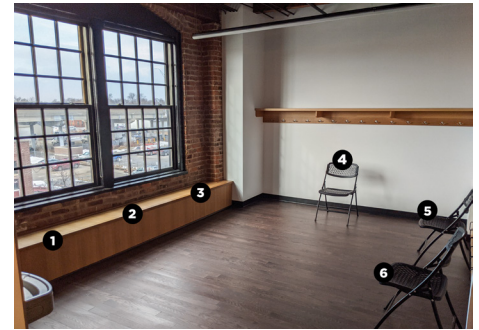
Area 1

Waiting area for Studio 1 with numbered seats



Area 2

Waiting area for Studio 2 with numbered seats; exit pick-up area for Studio 3 students 11 and under



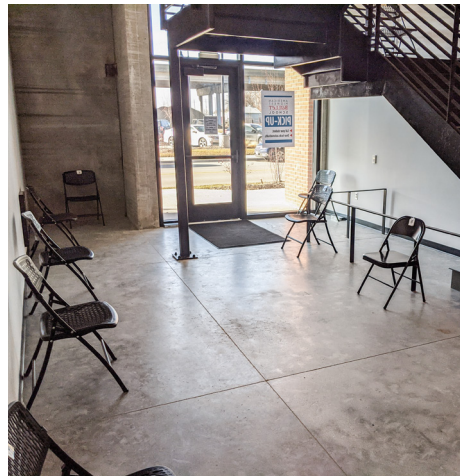
Area 3

Waiting area for Studio 3 with numbered seats



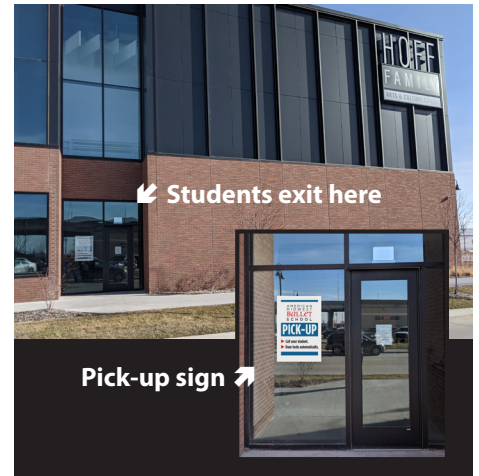
Area 4 Stairs

Pick-up area for Studio 2 with numbered seats



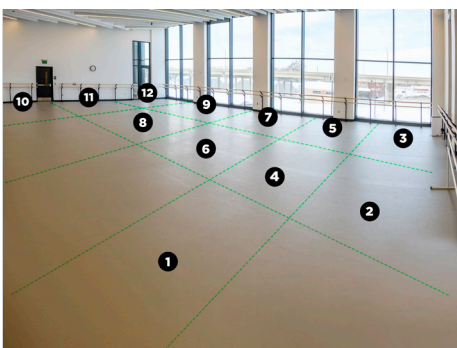
Area 4 Floor

Pick-up area for Studio 1 with numbered seats



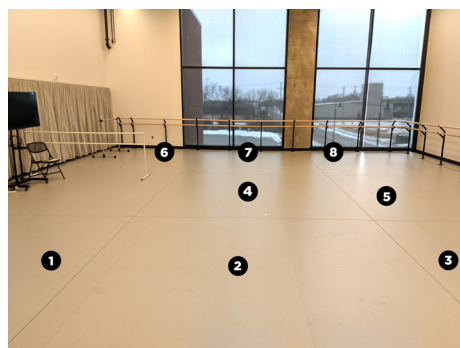
Area 4 Pick-Up Door

for Studios 1 and 2 (inset: door with pick-up sign)



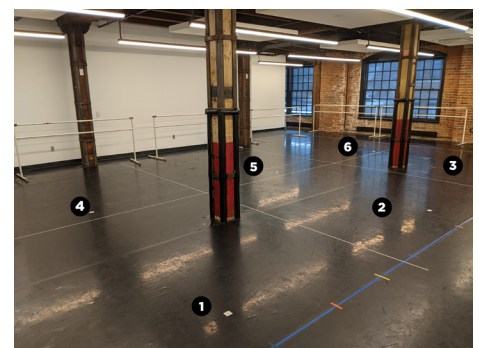
Studio 1

Numbers show individual dance areas



Studio 2

Numbers show individual dance areas



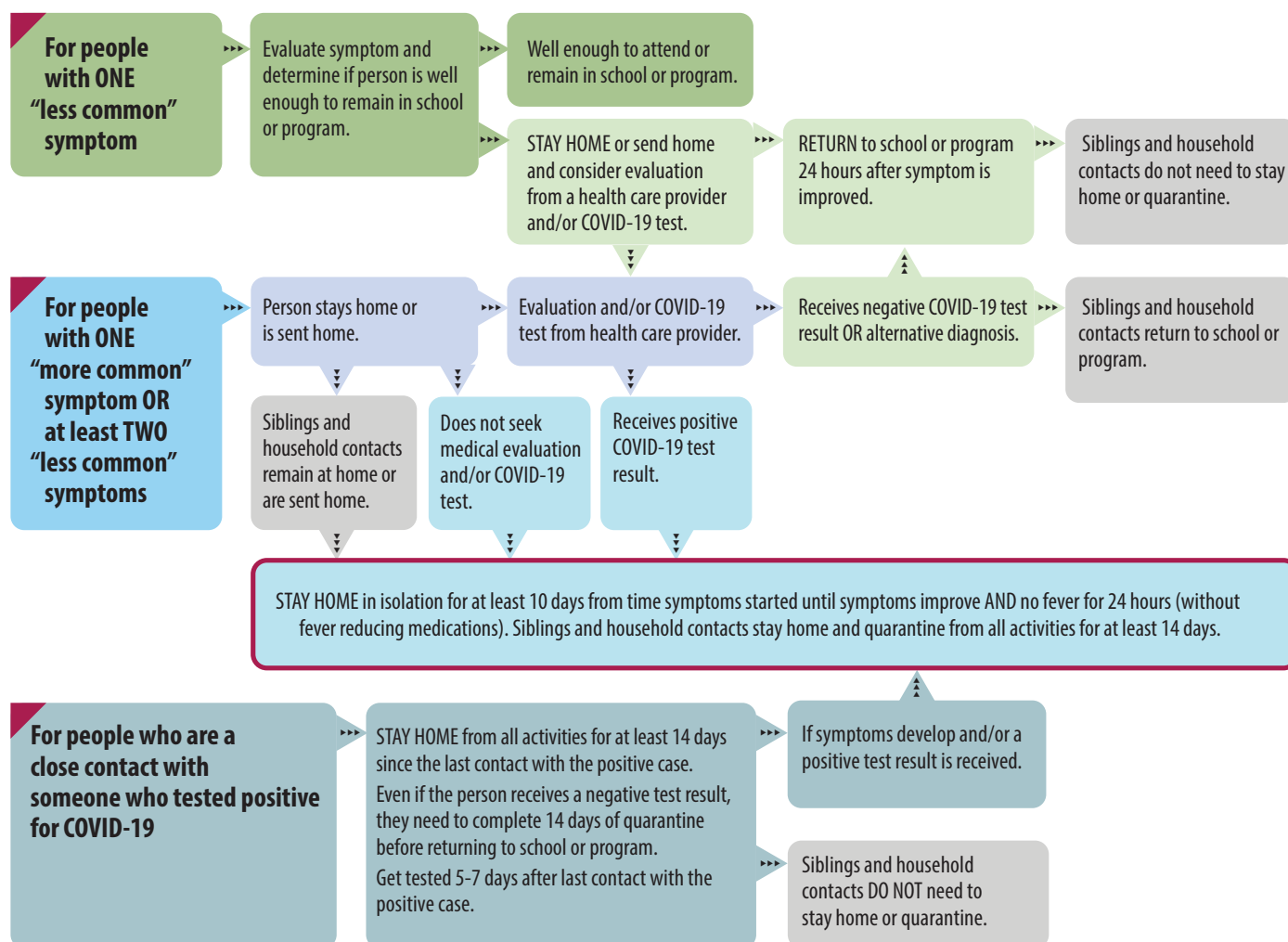
Studio 3

Numbers show individual dance areas

COVID-19 Decision Tree

Follow the appropriate path for anyone experiencing the following symptoms consistent with COVID-19:

- **More common:** fever greater than or equal to 100.4° F, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell.
- **Less common:** sore throat, nausea, vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose.



- Students that become symptomatic while at AMB will be promptly isolated in a pre-assigned isolation room by a member of AMB staff. The student's parents/guardians will be notified to pick up the student and should seek medical attention and/or testing.
- Students who experience one or more common symptoms, 2 or more less common symptoms, who are a close contact of a person who tests positive for COVID, or they themselves test positive for COVID-19 should notify AMB immediately and follow all recommended quarantine guidelines from the Department of Health.
- If a student is determined to have been in class during their infectious period (48 hours prior to a positive test or beginning of symptoms), the in-person class will be suspended for two weeks and will instead be held virtually. The studio will be deep-cleaned before students are allowed back into the affected area. Assigned studios may be modified to accommodate cleaning. AMB will work with the appropriate Department of Health to ensure close contacts are notified.